



## MANDURAH SWIMMING CLUB

### MSC POLICY 03

### COACHING/SWIM MEET GUIDELINES POLICY

**DATE: September 2025**

DATE	NAME	CHANGE	APPROVE/REVISION
09/06/2019	Graham Shackles	Issued for Use	Committee 0
16/09/2025	Kelli Thomson	Updated	Committee 1

## 1. INTENT

The purpose of this policy is to assist Swimmers, Coaches and Parents, sets expectations on Coaching and Swim Meet attendance. These rules are simple and necessary to provide an environment, which will promote the development of successful swimmers included in a well organised and successful program.

## 2. POLICY

### 2.1 Coaching

It is the Coach's job to develop each child to their full potential, for this reason we ask, Let the Coach, coach.

We believe as a parent and together with the Club you have entrusted your child in the care of the Coach. As a courtesy and respect to all our Coaches we request that Parents or Guardians:

- We have a 'No Parent on Pool Deck Policy'. Swimmers need to be in a learning environment that is free of distraction. We ask that all parents avoid sitting on pool deck during training time. Please refer to MSC Policy 01 Pool Deck Behaviour – Parents for further details.
- We have a 'One Coach Policy', which means that swimmers should not seek training with other squads or coaches, unless it is under specific agreement with their Mandurah Swim Coach. This is to ensure swimmers are not over trained (and therefore susceptible to injury



and fatigue). It is also confusing for swimmers as every coach has their own carefully mapped program which includes varying methods of teaching swim technique.

## 2.2 Swim Meets

- Swimmers should only attend Mandurah Swim Club Target meets. A calendar is set at the start of every season as to which meets are target meets. Once these meets are selected, the coach then programs training to best maximize the swimmer's potential at the specified meet. Swimmers can attend other meets after consultation with their coach.
- It is expected that swimmers attend target meets. At times you may not be able to attend a target meet, if this is the case then it is up to the swimmer to notify the coach prior to the meet entry date closure.